

**CENTRAL PENN AQUATIC LEAGUE**  
**2011 AAAA DIVISION CHAMPIONSHIP MEET**  
***HOSTED BY HERSHEY AQUATIC CLUB***  
**SATURDAY, FEBRUARY 26, 2011**

Location: Hershey Recreation Plaza  
605 Cocoa Ave.  
Hershey, PA 17033

Facility: The Hershey Recreation Plaza is a six (6) lane 25 yard pool. Electronic touch pads will be used at both ends of the pool. We will be using Hy-Tek meet management software. Team areas and seeding areas will be provided for swimmers. **There will be bleachers for spectator seating.**

Meet Director: Chris Luttrell  
(cell) 679-1719  
[Lutt20@aol.com](mailto:Lutt20@aol.com)

Entries: This meet is open to all Division 4A CPAL swimmers that have swum a minimum of three league meets in the course of this season. Each swimmer may swim a maximum of three (3) individual or relay events. The swimmer's age will be determined as of December 1, 2010. All entries must be emailed to Hershey Aquatic Club's Coach Jeff Fastrich at [Fasty3@aol.com](mailto:Fasty3@aol.com). All entry times should be in yards. If no times are available from this season, enter NT in the space provided. **Deadline for entries is February 19, 2011.**

Admission: Admission to the meet will be \$3.00. Meet volunteers will get in free when they check-in for their nametags.

Programs: \$3.00 each

Concessions: Various food items will be available throughout the day in the lobby.

T-shirts: T-shirts are available on site in limited quantities. There will be a pre-order taken.

Start Times: **Doors open at 6:15 a.m. for Session 1.**

Volunteer Forms: Each team is responsible to email their volunteer form by **February 19, 2011, to Chris Luttrell at [Lutt20@aol.com](mailto:Lutt20@aol.com).**

**Meet Schedule: Session 1 8&U-10&U**

### WARM-UP LANE ASSIGNMENTS & TIMES

<u>TEAM</u>	<u>LANES</u>	<u>TIME</u>
HAC	1,2,3	6:45 AM
EAC	4,5,6	6:45 AM
LPAC	1,2,3	7:10 AM
LVST	4,5,6	7:10 AM
CVAC	1,2,3	7:35 AM
Northern York	4,5,6	7:35 AM

(pool will be cleared at 8:00 AM)

**NOTE: All lanes will open for one-way sprints for the last 10 minutes of each session.**

7:30 AM	Scratch Meeting (in lifeguard room)
7:50 AM	Officials and Timers Meeting (in lifeguard room)
8:00 AM	Clear pool
8:15 AM	Meet Begins

### **Session 2 12&U, 14&U and 15&Over** WARM-UP LANE ASSIGNMENTS & TIMES

<u>TEAM</u>	<u>LANES</u>	<u>TIME</u>
HAC	1,2,3	12:00 PM
EAC	4,5,6	12:00 PM
LPAC	1,2,3	12:25 PM
LVST	4,5,6	12:25 PM
CVAC	1,2,3	12:50 PM
Northern York	4,5,6	12:50 PM

(pool will be cleared at 1:15 PM)

**NOTE: All lanes will open for one-way sprints for the last 10 minutes of each session.**

12:45 PM	Scratch Meeting (in lifeguard room)
1:05 PM	Officials and Timers Meeting (in lifeguard room)
1:15 PM	Clear pool
1:30 PM	Meet Begins

***BEST WISHES TO ALL SWIMMERS!***